Personal development at Supreme Start School

Equality and Diversity and Inclusion

- Pol Ed- Respect and equality/ range of family representation.
- Pol Ed: Our Body, Conflict in Relationships.
- Celebrating differences, showing kindness.
- Religions around the world
- RE lesson- Religious celebrations. signs and symbols.
- Identity and belonging. leaders and teachers.

Careers Citizenship and character

- Careers and aspirations; Y6 transition.
- Transiiton days, open days. Discussing options with parents and pupils.
- Trips, visits and visitors.Role play and use of stories
- Visits to sea life centre, Local Churches, Trips to parks.
- Visitors- Fire services, Police services.

Mental health

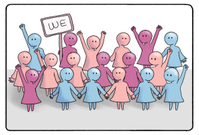
- Exercise, through outdoor play and indoor sensory circuits.
- Feelings-Use of symbols and visuals.
- Naming and Understanding feelings and worries. circle time. Sensory circuits.
- Pol ed- Wellbeing: Physical Health, Emotional Health, Social connections, support.
- Pol Ed- what do feelings feel like. what words can I use to talk about my feelings.
- Brain breaks during lesson activities.
- Nature walks
- Brain breaks, zones of regulations. Healthy relationships (family and friends).
- Pol Ed: Change and Loss.

SMSC

- Assemblies and celebrations/ reward system. RE, Music.
- Sticker charts, incentives, golden time.
- Individualised music lessons
- Charity and community links
- Financial education through numeracy lessons.
- Individual liberty (pupil voice, choices)
- Providing choices in play, activities and learning.
- Pol Ed- Skills to deal with issues they encounter.

British Values

- Rule of Law (school rules). Mutual respect and tolerance.
- Pol Ed- Understanding the law: resonpisble citizens, stop and search, public order, hate crime.

Safeguarding

- Online safety. My personal space. My safe adults.
- Pol Ed: Protection on social media/ media literacy.
- Pol ed- keeping safe: emergency services, CCE, ASB, Gangs, Addiction.
- Staying safe in and outside ofschool (e.g road safety)
- Pol ed- "keeping safe "song
- Pol Ed- New forms of personal safety e.g. hazards. Body parts/nudes.
- Pol ed- relationships: consent, domestic abuse, sexual offences, grooming, bullying.